

**College of Health and Human Performance**  
**Department of Health Education and Promotion**  
**B.S. in Public Health: Worksite Health Promotion**

This is a **recommended** sequence. Check catalog for prerequisites.  
 Course availability may vary from semester to semester.

**FRESHMAN YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
BIOL 1050/1051 <i>or</i> 1100/1101	3/1	BIOL 2130 <i>Survey of Human Anatomy &amp; Physiology</i>	4
ENGL 1100 (WI) <i>Foundations of College Writing</i>	3	HLTH 2000 <i>Principles of Public Health</i>	3
HLTH 1000 <i>Health in Modern Society</i>	2	FINA 2244 <i>Legal Environment of Business</i>	3
PSYC 1000 <i>Introductory Psychology</i>	3	MATH 1065 <i>College Algebra</i>	3
Humanity/Fine Art - <i>GD option*</i>	3	NUTR 1000 <i>Contem Nutrition or</i> NUTR 2105 <i>Nutr Scie</i>	3
<b>Total:</b>	<b>15</b>	<b>Total:</b>	<b>16</b>

**SOPHOMORE YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
ENGL 2201 (WI) <i>Writing About the Disciplines</i>	3	HLTH 3010 <i>Health Problems</i>	3
EHST 2110 <i>Intro to Env. Health Sciences</i>	3	HLTH 3020, 3025, <i>or</i> 3100 <i>Health Equity options</i>	3
KINE 1000 <i>Lifetime Physical Act &amp; Fitness</i>	1	HLTH 3050 <i>Public Health Systems &amp; Policy</i>	3
Fine Art - <i>GD option*</i>	3	MATH 2228, 2283, <i>or</i> BIOS 1500 <i>Statistics</i>	3
Social Science	3	Elective - <i>WI option* #</i>	3
Gen Education Elective	3	Elective - <i>Choice #</i>	1
<b>Total:</b>	<b>16</b>	<b>Total:</b>	<b>16</b>

**Declare major - must have a 2.75 Cumulative GPA**  
*(Students must declare major in Public Health before reaching 75 earned credit hours) ^*

**JUNIOR YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
EHST 3900 <i>Intro to Occ Hlth or</i> ITEC 3292 <i>Industrial Safety</i>	3	HLTH 4011 <i>Intro to Epidemiology in Public Hlth (D)</i>	3
HLTH 3600 <i>Wellness Assessment &amp; Disease Mgmt</i>	3	HLTH 4611 <i>Program Evaluation (D)</i>	3
HLTH 4006 (WI) <i>Health Promotion in the Workplace</i>	3	Elective - <i>Choice #</i>	3
Humanity - <i>WI option*</i>	3	Elective - <i>Choice #</i>	3
Elective - <i>Choice #</i>	3	Elective - <i>Choice #</i>	3
<b>Total:</b>	<b>15</b>	<b>Total:</b>	<b>15</b>

**SENIOR YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
HLTH 4609 <i>Needs Assessment &amp; Program Planning (D)</i>	3	HLTH 4991 <i>Hlth Education &amp; Promotion Internship (D)</i>	12
HLTH 4880 <i>Capstone: Applied Princ of Hlth Educ (D)</i>	3		
Elective - <i>Choice #</i>	3		
Elective - <i>Choice #</i>	3		
Elective - <i>Choice #</i>	3		
<b>Total:</b>	<b>15</b>	<b>Total:</b>	<b>12</b>

**Total hours to graduate: 120**

<sup>^</sup> *Transfer or other students with over 60 credit hours must meet declaration requirements within one semester. Second degree students must meet declaration requirements within two semesters.*

**(D)** - *Courses are restricted to declared majors only*

**\*A 3 ch Global Diversity (GD)** is required and can be taken as other general education courses or electives. Additionally 12 credit hours of *Writing Intensive* courses must be completed which include ENGL 1100, ENGL 2201, a major writing intensive course (HLTH 4006) and an additional WI course of the student's choice. The student's choice WI can be completed with general education courses or other electives.

# Electives are used to reach 120 hours; it is recommended that courses be taken which reinforce content in the physical, social and behavioral sciences, or provide students with a worksite health specialty area such as gerontology, environmental health or health promotion.