

College of Health and Human Performance
Department of Health Education and Promotion
B.S. in Public Health: Worksite Health Promotion

This is a **recommended** sequence. Check catalog for prerequisites.
 Course availability may vary from semester to semester.

FRESHMAN YEAR

| <u>Fall Semester</u> | | <u>Spring Semester</u> | |
|---------------------------------------|-----|-------------------------------|----|
| BIOL 1050/1051 <i>or</i> 1100/1101 | 3/1 | BIOL 2130 | 4 |
| ENGL 1100 (WI) | 3 | HLTH 2000 | 3 |
| HLTH 1000 | 2 | FINA 2244 | 3 |
| PSYC 1000 | 3 | MATH 1065 | 3 |
| Humanity/Fine Art - <i>GD option*</i> | 3 | NUTR 1000 <i>or</i> NUTR 2105 | 3 |
| Total: | 15 | Total: | 16 |

SOPHOMORE YEAR

| <u>Fall Semester</u> | | <u>Spring Semester</u> | |
|------------------------------|----|--------------------------------------|----|
| HLTH 3050 | 3 | EHST 2110 | 3 |
| ENGL 2201 (WI) | 3 | HLTH 3010 | 3 |
| PSYC 3241 | 3 | HLTH 3020, 3025, <i>or</i> 3100 | 3 |
| Fine Art - <i>GD option*</i> | 3 | MATH 2228, 2283, <i>or</i> BIOS 1500 | 3 |
| Social Science | 3 | Elective - Choice # | 3 |
| KINE 1000 | 1 | Elective - Choice # | 1 |
| Total: | 16 | Total: | 16 |

Declare major - must have a 2.50 Cumulative GPA

(Students must declare major in Public Health before reaching 75 earned credit hours)

JUNIOR YEAR

| <u>Fall Semester</u> | | <u>Spring Semester</u> | |
|------------------------------|----|--------------------------------|----|
| HLTH 3600 | 3 | EHST 3900 <i>or</i> ITEC 3292 | 3 |
| HLTH 4006 (WI) | 3 | HLTH 4011 (D) | 3 |
| Humanity - <i>WI option*</i> | 3 | HLTH 4611 (D) | 3 |
| Elective - Choice # | 3 | Elective - <i>WI option*</i> # | 3 |
| Elective - Choice # | 3 | Elective - Choice # | 3 |
| Total: | 15 | Total: | 15 |

SENIOR YEAR

| <u>Fall Semester</u> | | <u>Spring Semester</u> | |
|----------------------|----|----------------------------|----|
| HLTH 4609 (D) | 3 | HLTH 4991 - Internship (D) | 12 |
| HLTH 4880 (D) | 3 | | |
| Elective - Choice # | 3 | | |
| Elective - Choice # | 3 | | |
| Elective - Choice # | 3 | | |
| Total: | 15 | Total: | 12 |

Total hours to graduate: 120

(D) - Courses are restricted to declared majors only

**A 3 ch Global Diversity (GD) is required and can be taken as other general education courses or electives. Additionally 12 credit hours of Writing Intensive courses must be completed which include ENGL 1100, ENGL 2201, a major writing intensive course (HLTH 4006) and an additional WI course of the student's choice. The student's choice WI can be completed with general education courses or other electives.*

Electives are used to reach 120 hours; it is recommended that courses be taken which reinforce content in the physical, social and behavioral sciences, or provide students with a worksite health specialty area such as gerontology, environmental health or health promotion.