

**College of Health and Human Performance**  
**Department of Kinesiology**

**B.S. in Exercise Physiology: Exercise as Medicine**

This is a **recommended** sequence. Check catalog for prerequisites.

**FRESHMAN YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
<b>MATH 1065<sup>^</sup></b>	3	<b>CHEM 1150/1151<sup>^</sup></b>	3/1
BIOL 1150/1151 <b>or</b> BIOL 1100/1101 <sup>^</sup>	3/1	PHYS 1250/1251	3/1
ENGL 1100 <sup>^</sup>	3	Social Science	3
PSYC 1000	3	NUTR 1000 <b>or</b> NUTR 2105	3
Humanity/Fine Arts - <i>GD or DD option*</i>	3	HLTH 1000	2
		KINE 1000	1
<b>Total:</b>	16	<b>Total:</b>	17

**SOPHOMORE YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
<b>BIOL 2140/2141<sup>^</sup></b>	3/1	<b>BIOL 2150/2151<sup>^</sup></b>	3/1
CHEM 1160/1161 <sup>^</sup>	3/1	PHYS 1260/1261 <b>or</b> BIOL 2110/2111	3/1
Fine Arts - <i>GD or DD option*</i>	3	ENGL 2201 <sup>^</sup>	3
KINE 2850	1	KINE 2202	3
MATH 2228 <b>or</b> MATH 2283 <b>or</b> BIOS 1500	3	Social Science	3
<b>Total:</b>	15	<b>Total:</b>	17

**Declare major - must have a 2.75 Cumulative GPA and grade of C or higher in BIOL 1150/1151 or 1100/1101, CHEM 1150/1151, ENGL 1100, ENGL 2201, and MATH 1065**

**JUNIOR YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
<b>KINE 3805/3806</b>	3/1	<b>KINE 4806/4805 (D)</b>	3/1
CHEM 1130 <b>or</b> CHEM 2750/2753	4	<b>KINE 4991 (D)</b>	3
Humanity - <i>GD, DD, or WI option*</i>	3	KINE 3850	3
Elective - <i>GD, DD or WI option*</i>	3	BIOL 1200/1201 <b>or</b> BIOL 2300 <b>or</b> PSYC 3206	3-4
KINE Elective	1	KINE Elective	1
<b>Total:</b>	15	<b>Total:</b>	14-15

**SENIOR YEAR**

<u>Fall Semester</u>		<u>Spring Semester</u>	
<b>KINE 4807 (D)</b>	3	KINE 4020 (D)	3
<b>KINE 4900 (D)</b>	3	CHEM 2760/2763 <b>or</b> BIOL 2300 <b>or</b> HIMA 3000	
<b>KINE 4809 (D)</b>	3	<b>or</b> ATEP 2800	3-4
<b>KINE 4811 (D)</b>	3	KINE Elective	3
KINE Elective	2	KINE Elective	3
<b>Total:</b>	14	<b>Total:</b>	12-13

**Total hours to graduate: 120**

<sup>^</sup> Grade of C or higher is required

(D) - KINE 4000 level courses are restricted to declared majors and minors only

*Courses in blue indicate they are prerequisite requirements and must be taken in sequence in the order listed on the plan. In some cases MATH 1065 and CHEM 1150/51 may be taken together.*

*\*A 3 ch [Global Diversity](#) & [Domestic Diversity](#) course is required and can be taken as other general education courses or electives. Additionally 12 credit hours of [Writing Intensive](#) courses must be completed which include ENGL 1100, ENGL 2201, a major writing intensive course and an additional WI course of the student's choice. The student's choice WI can also be completed with general education courses or other electives.*